



Healthy Heart of Victoria Stage 1 report 2018 – 2021





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We respectfully acknowledge that the Loddon Campaspe region encompasses the traditional lands and waters of the Dja Dja Wurrung, Taungurung, Wurundjeri, and Yorta Yorta people. We pay our respects to them, their culture, and their Elders past, present and future.

We also acknowledge the ongoing impact of colonisation on Aboriginal people, including their health and wellbeing. Discrimination, trauma, and forced severed connections to land and culture result in Aboriginal people experiencing higher rates of chronic disease and lower life expectancies than the non-Aboriginal population. Our commitment with this work is to focus on healthy equity: to acknowledge and address barriers faced by members of our Aboriginal community to ensure equity of access in achieving improved health and wellbeing outcomes.

Introduction

Healthy Heart of Victoria (HHV) is a State Government funded initiative aimed at improving health and wellbeing outcomes across the Loddon Campaspe region – the 'heart' of Victoria.

HHV was developed with the community in response to the higher than Victorian average rates of obesity, chronic disease, disability and high-risk health behaviours currently seen within the region.

The initiative covers the six local government areas (LGA's) of City of Greater Bendigo, Campaspe Shire, Central Goldfields Shire, Loddon Shire, Macedon Ranges Shire and Mount Alexander Shire.

The region is extremely proud of Healthy Heart of Victoria. The strength of the HHV model is the partnerships established during the unique regional co-design process initiated by the Loddon Campaspe Regional Partnership.

In just over two years:

- HHV Health Brokers have made health everyone's business at the local level by incorporating health as part of decision making and policy planning processes.
- Active Living Census data has informed strategy, planning and policy development within local government and community organisations across the region.
- HHV has made a positive impact on physical activity and healthy eating in the community, particularly in areas that are traditionally less supported, with Activation projects well received and used by the community.

There's never been a more important time to continue to work together to improve health and wellbeing outcomes for the Loddon Campaspe region.

The need for strong partnerships and an adaptive workforce to deliver place-based solutions is clear. This is why HHV remains the number one priority of the Loddon Campaspe Regional Partnership, to ensure our region is indeed the Healthy 'Heart' of Victoria.

Improving health
in the Loddon
Campaspe region,
the HEART
of Victoria



Background

In 2016, the Loddon Campaspe Regional Partnership conducted a community consultation process which identified the higher than Victorian average rates of obesity, chronic disease and high-risk health behaviours within the region as a priority area of community concern.

In response to this concern, the Loddon Campaspe Regional Partnership undertook a co-design process with key stakeholders. This resulted in the establishment and funding of the Healthy Heart of Victoria initiative (HHV).

HHV is a regionally owned and designed model that takes a systems approach to improving health and wellbeing outcomes of the people in the Loddon Campaspe region.

The HHV model is flexible, adaptive and responsive to contemporary emerging opportunities and issues. It is delivered across the six local government areas (LGAs) of City of Greater Bendigo, Campaspe Shire, Central Goldfields Shire, Loddon Shire, Macedon Ranges Shire and Mount Alexander Shire.



Components of Healthy Heart of Victoria Stage 1

Health Brokers

A regional prevention network of place-based Health Brokers working across local government and their local communities to:

- Drive systems change
- Build health and wellbeing into decision making
- Increase the knowledge and commitment of local communities towards better health outcomes
- Develop tailored projects and programs for those least supported, informed by local level data about our regional and rural communities

Active Living Census

A census-style survey conducted across the region to:

- Provide relevant, reliable and valid local level data on our communities' health behaviours, activity levels, preferences, and needs
- Assist in targeting effort and investment, evaluating the effectiveness of interventions and making informed planning decisions into the future

Activation

The delivery of small-scale projects and programs focused on physical activity and healthy eating that:

- Focus on those parts of the community that are least active and least supported
- Wouldn't otherwise happen and cannot be funded through traditional funding grants
- Are place-based
- Utilise existing local infrastructure and programs, making considered additions and upgrades



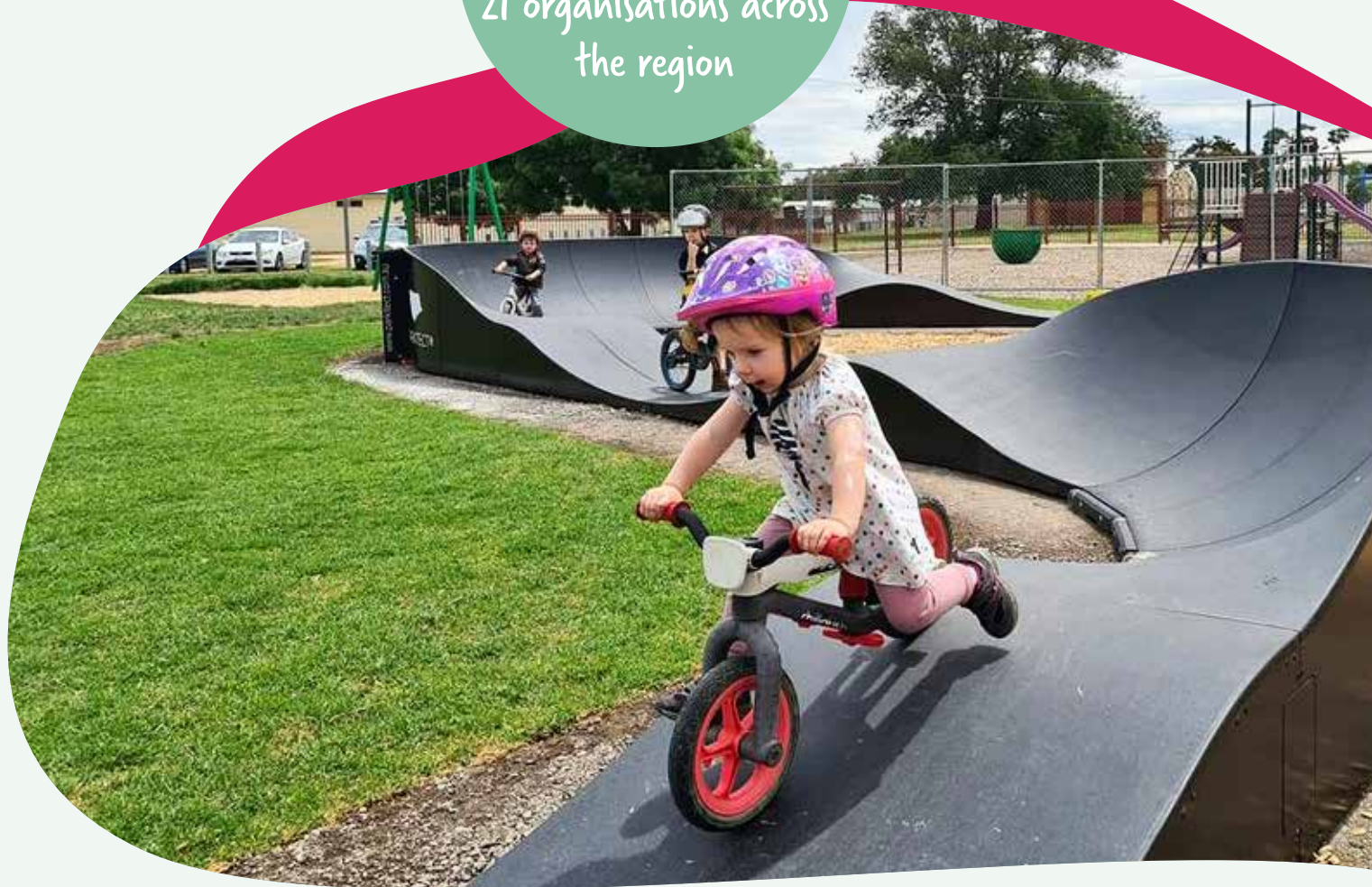
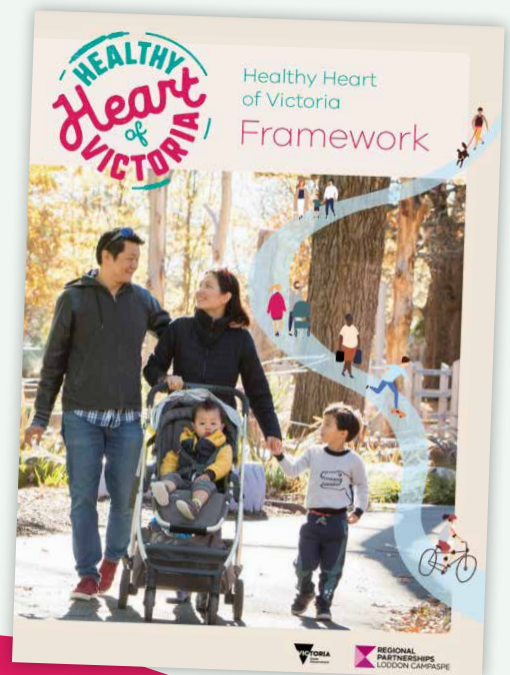
The Model

The HHV Framework was co-designed by the region via a series of workshops. The Framework lays out the strategic direction and function of the three components of HHV, together with the governance structure to provide stewardship for the vision and legacy of the project.

The HHV Regional Steering Group is responsible for successfully steering the key components of HHV. Membership during stage one of HHV has been consistent and included senior representatives from Local Government, Primary Care Partnerships, Regional Development Victoria, Sport and Recreation Victoria, Loddon Campaspe Regional Partnership and Department of Health and Human Services (pre-department changes).

Local Project Groups in each LGA help guide work at a local level. Chaired/sponsored by a senior Local Government representative and supported by Health Brokers, membership varies across the region and has included representatives from Local Government, hospitals, health services, community organisations such as Neighbourhood Houses and recreation/sporting groups, Primary Care Partnerships and food relief agencies.

HHV was
co-designed by 54
representatives from
21 organisations across
the region



Governance

Regional Steering Group

Provide support to implement HHV initiative

Healthy Heart of Victoria Coordinator

Conduit between Regional Steering Group & Health Brokers

Health Brokers

Employed by City of Greater Bendigo, line management provided by each hosting Local Government, form a virtual team supported by Coordinator

Conduit between HHV Coordinator and local Project Groups



Local Project Groups

Coordinate work at a local level, chaired/sponsored by a Local Government representative and supported by place-based senior Health Brokers



HHV guiding principles

We ensure that our work:

- Keeps our shared purpose front of mind
- Leverages local and regional partnerships
- Aligns with local and regional plans
- Balances evidence based and flexible approaches
- Focuses on equity: the least active and least supported

Key Implementation Milestones



Activating Crossenvale – Campaspe Shire

Infrastructure upgrade of a neighbourhood park with access paths, seating, drinking fountains, shade and play equipment



Goldfields Reservoir upgrades – Central Goldfields Shire

Widening of the walking trail, install of a nature playground and the establishment of the first ever Parkrun in Central Goldfields



Schools Kitchen Garden Project – Greater Bendigo

Project officer appointed to support 8 education settings across Kangaroo Flat and Long Gully. New garden and kitchen infrastructure funded at settings

2016

Loddon Campaspe Regional Assembly

2017

Healthy Heart of Victoria co-design workshops

Healthy Heart of Victoria model developed

2018

Healthy Heart of Victoria funded by State Government

Regional Steering Group formed

Healthy Heart of Victoria Coordinator appointed

Active Living Census Project Control Group formed

Local Project Control Groups formed

Infrastructure and Activation project planning undertaken

2019

Health Brokers appointed

Remaining Local Project Control Groups formed

First round of Infrastructure and Activation projects approved

Active Living Census survey administered

Activating Crossenvale initiative delivered

Wellbeing in Every Decision conference held

Goldfields Reservoir upgrades and Maryborough parkrun established

Loddon Outdoor Fitness Equipment installed

Healthy Systems Network established

Second round of Infrastructure and Activation projects approved

Mount Alexander Active Transport infrastructure installed

2020

Active Living Census regional findings released

'Be active, Eat well, Stay connected' COVID campaign delivered

Greater Bendigo Schools Kitchen Garden Project delivered

Active Living Census local government findings released

Macedon Ranges FIT project developed

Regional activation initiative, 'Adventure Bingo', delivered

Health is Everyone's Business video released



Outdoor Fitness Equipment – Loddon Shire

Install of outdoor fitness equipment in Wedderburn along the Nardoo Trail and in Boort at the Lake



Active transport infrastructure – Mount Alexander Shire

Delivered infrastructure includes: pedestrian refuge, new walking track and connections, seating, drinking fountains and wayfinding signage



FIT Project – Macedon Ranges Shire

Free inclusive fitness classes in Woodend, Kyneton, Romsey and Gisborne. A variety of sessions tailored for teens, seniors and general classes

Health Brokers

The team of Health Brokers are guided by a local government level action plan that sets out the opportunities and actions in their respective LGA's. Their work is aligned with existing plans and priorities across the region. The Health Brokers have been essential in the establishment of strategic partnerships which have resulted in additional leverage of funding and resources.

Additionally, Health Brokers coordinate Activation projects within their local communities and lead local Active Living Census communications, results dissemination and capacity building.

Health Brokers have impacted decision making at the local government level resulting in the incorporation of a health lens in decision making and policy planning processes. This has been done via their participation on working groups, and through submissions and feedback to plans and policies.

Some examples of this impact include Greater Bendigo's Food Systems Strategy, Central Goldfields Shire Positive Ageing Plan, Macedon Ranges Shire Reconciliation Action Plan, Loddon Shire Activating Open Space Strategy and Mount Alexander Shire Middle Years Plan.

Most recently all Health Brokers have contributed to the development of Municipal Public Health and Wellbeing Plans (MPHWP) 2021 - 2025, with Brokers at Mount Alexander Shire and City of Greater Bendigo playing a significant role.



Health is
Everyone's
Business





Wellbeing in Every Decision: Planning for a Healthy and Liveable Region

The Wellbeing in Every Decision conference was held in Bendigo in August 2019. The conference brought together over 150 strategic planners and health professionals from across Victoria, with a focus on creating healthy and liveable communities through everyday decisions and the policies that guide them. Speakers included Dr Anna Stevenson and Sandy Brinsdon from Canterbury District Health Board NZ, along with senior representatives from the Heart Foundation, RMIT University and the Department of Environment, Land, Water and Planning.

Healthy Systems Network

This group supports a process of peer based professional development. Sessions have explored and built capacity in systems thinking, health in all policies, healthy urban design and healthy food systems. Over 100 people are invited to attend each session, which has grown following the initial pilot period and quality improvement. All invitees have access to a resource sharing library through Trello. Video-conference meetings during COVID strengthened participation in the network.

Health is Everyone's Business video

The Health is Everyone's Business video has been used to increase understanding across the community and within local government about the role we all play in shaping a healthy and well community. The video explains the social determinants of health in simple language, how the work of local governments influences health and wellbeing in the community, and why considering health and wellbeing is important when making decisions. The animated video uses data sourced from the ALC and tells a story about our community's health.

Local Government Health and Wellbeing Committees

Health Brokers have established internal health and wellbeing committees at Central Goldfields Shire Council, Mount Alexander Shire Council and Loddon Shire Council. In addition, City of Greater Bendigo, Mount Alexander and Loddon Shires have joined the Healthy Workplace Achievement Program. This framework assists to create a healthy workplace where the environment, policies, practices and culture all support health and healthy behaviours.

Active Living Census

The 2019 Healthy Heart of Victoria Active Living Census (ALC) was designed to measure current physical activity levels, and recreation and health behaviours and trends in the Loddon Campaspe region.

The 2019 ALC survey was administered by the Social Research Centre, a world-class social research and evaluation organisation, and project managed by Healthy Greater Bendigo.

A census-style approach was taken, inviting all households in the region to participate in the research between May and June 2019. All household members aged 3 and above were eligible to take part.

The 2019 ALC was modelled off a similar survey undertaken in Greater Bendigo in 2014 and expanded to the broader Loddon Campaspe region. The 2019 ALC included 70 questions in total and took about 15-20 minutes to complete. Surveys could be completed on paper or online.

The 2019 ALC was promoted across the region via radio, television, print, and social media. A prize pool valued at \$12,000 was promoted to maximise the response rate. HHV engaged key community stakeholders in each LGA to better engage with more isolated community members.

A total of 24,541 eligible responses were received from a residential population of 224,947 (response rate: 10.9%). Weighting was applied at the LGA level for education, gender, and country of birth so that results could be generalised to the population.

The research is summarised in two report types, each of which were prepared for the region and for each LGA:

- Topline reports contain a detailed account of the survey, sampling, weighting and reporting; as well as findings for each topic that include cross-tabulations by demographic, geographic, socio-economic and behavioural indicators
- Selected Findings reports (pictured) contain results for health and wellbeing and for the 10 most popular physical activities, which are summarised in a more user-friendly infographic format for each major town/district and also for key population groups.

A total of 24,541 responses were received for the HHV Active Living Census



Results

A variety of methods were used to share the results of the ALC, including:

- Direct email to key stakeholders and partners
- Newsletter articles
- Media releases (leading to print and TV stories)
- Launch events
- Videos
- Social media
- Presentations

ALC findings are actively used by participating Local Government Areas to inform and successfully seek approval for HHV Activation projects. The research has also informed grants for a range of wider projects across the region, demonstrating that just two years after the 2019 ALC was conducted, partners, stakeholders and community groups are using this research to bring new funding to the region.

The results from the ALC were promoted to 90+ attendees at the Victorian Active Living Alliance and put forward to the Department of Transport to inform and strengthen consideration of regional/rural areas in the development of a Victorian Pedestrian Strategy.

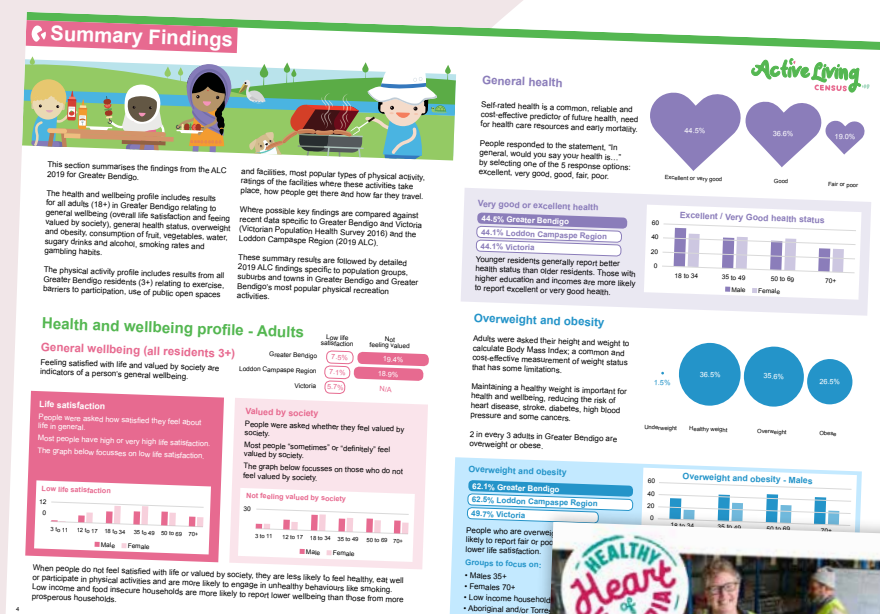
An article on the ALC also appeared in the Australian Health Promotion Association member newsletter and on the Achievement Program website.



63% of residents are overweight or obese

86% of residents don't eat enough vegetables

43% of residents don't do enough physical activity



Loddon Campaspe kids are learning healthy habits

Friday 22 May, 2020



The Achievement Program is helping over 20,000 little locals in Loddon Campaspe build lifelong healthy habits in an effort to curb health challenges in the region.

New data from the Healthy Heart of Victoria 2019 Active Living Census (ALC) show only 44.1% of adults living in Loddon Campaspe admit to being in good health, with 62.5% reporting to be overweight or obese and just 57.5% meet the Australian Physical Activity Guidelines. Conducted by the Healthy Heart of Victoria initiative, the survey of over 24,500 residents provides key insights into the community's health status.

"The (ALC) data supports the case for doing more to improve food security in Greater Bendigo... the responses enable us to better understand our community and for community, philanthropic and government services alike to respond to those needs."



Activation

\$3million of HHV funding has been invested in a variety of local Activation solutions across the region.

Activation projects have been completed across the region to support more people to be more active and to eat well. These projects utilise existing local infrastructure and programs, making considered additions and upgrades that will help a higher proportion of residents to become more active and eat well. Projects have focused on those parts of the community that are least active and least supported.

Demand for outdoor places increased during COVID and the HHV approach of investing in basic improvements where they are most needed became even more important. The pandemic demonstrated the value of local outdoor spaces that people can access safely and for free.

Eat well,
be well

More People,
More Active,
More often

A \$3M funding pool for Activation was split across the six Local Government Areas:

Local Government Area	Base Payment	Population Payment
Bendigo	\$300,000	\$576,000
Loddon	\$300,000	\$36,000
Macedon Ranges	\$300,000	\$240,000
Mount Alexander	\$300,000	\$96,000
Central Goldfields	\$300,000	\$60,000
Campaspe	\$300,000	\$192,000
Total	\$1,800,000	\$1,200,000

25 permanent water fountains have been installed by HHV across the region, leveraging donations and support from local water authorities

HHV has supported the construction or upgrade of 11 outdoor fitness equipment stations across the Loddon Campaspe region



Activation projects across the region

Campaspe Shire

Crossenvale Park, Echuca

- Play equipment
- Seating
- Water fountain
- Footy goalposts
- Half basketball court upgrade
- Connecting paths
- Physical activity sessions for children

Walking on Eyre project, Echuca

- Footpath install along Eyre Street to improve connectivity for residents and students in the East of Echuca

Activation on Wheels initiative

- Purpose built trailer to transport sport and recreation equipment suitable for a variety of ages and abilities

Activating Tongala Hub program

- Facilitated fitness sessions at Tongala Fitness Hub for primary school aged children, their families and community across two terms

EWMAC Healthy Choices initiative

- Promotion of healthy food and drink at Echuca War Memorial Aquatic Centre
- Hydration station
- Healthy vending machine
- Signage



Central Goldfields Shire

Gordon Gardens, Dunolly

- Basketball court (re-purposed tennis court)
- Pump track
- Outdoor fitness equipment
- Water fountain
- Exercise programs

Goldfields Reservoir, Maryborough

- Upgrade of shared walking / cycling path around the reservoir
- parkrun establishment
- Installation of nature play area

Maryborough Community House projects

- Connecting walking path
- Community Garden expansion
- Kitchen garden program enhancement
- Play equipment

Pioneer Reserve, Talbot

- Outdoor fitness equipment
- Water fountain
- Exercise programs



City of Greater Bendigo

Kangaroo Flat precinct projects

- Outdoor exercise equipment, water fountain and signage
- Small path correction
- Seats and solar lighting along the Bendigo Creek trail
- Boardwalk and path connection at Gateway Park
- Healthy eating / physical activity programs
- Schools Kitchen Garden Project
- Kangaroo Flat Station to Your Destination wayfinding signage

Long Gully precinct projects

- Outdoor exercise equipment
- Permanent walking path and solar lighting around Long Gully oval
- Connecting path between oval and Long Gully trail
- Signage, seating and artwork restoration along the Long Gully trail
- Healthy eating / physical activity programs
- Schools Kitchen Garden Project
- Upgrades to Long Gully BMX track

Our Outdoor Spaces are Open initiative

- Promotion of the availability of outdoor open spaces for physical activity
- Series of free fitness sessions at three outdoor locations, for all fitness levels and abilities, hosted by qualified personal trainer
- Development of free, downloadable physical activity programs for different fitness levels using outdoor spaces



Loddon Shire

Boort Lake, Boort

- Outdoor exercise equipment
- Water fountain
- Signage
- Exercise programs
- parkrun establishment
- Additional funding from DEWLP enabled the delivery of a connecting path at Little Lake Boort to meet parkrun requirements

Nardoo Trail, Wedderburn

- Outdoor exercise equipment pods
- Water fountain
- Solar lighting
- Exercise programs

Kelly Park, Pyramid Hill

- Outdoor exercise equipment
- Instructional signage
- Exercise programs



Activation projects across the region

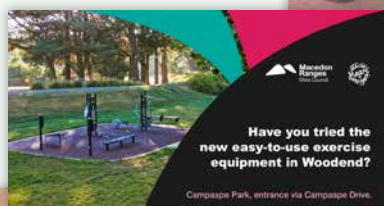
Macedon Ranges Shire

Walkyneton initiative

- Water fountain, seating, signage and access improvements at outdoor gym
- Kyneton community representatives co-designed activities, resources and amenities that will attract more people to use the river walk and outdoor gym
- Detailed design of landscaping and furniture for the 'accessible and interactive kilometre walk' along Kyneton river walk as co-designed by community representatives

The Free Inclusive Training (FIT) Project

- Audit and amenity upgrade for outdoor gyms at Gisborne, Romsey and Woodend
- Promotion to increase awareness of the new outdoor gyms
- Group fitness training session at outdoor gyms
- Development of free, downloadable fitness programs for different fitness levels using outdoor gyms



Mount Alexander Shire

Active Travel, Mount Alexander

- Pedestrian crossing and refuge island at Forest Street Castlemaine providing safe trail link between Castlemaine Botanical Gardens and Campbells Creek
- New connecting paths and trail upgrades: upgrades to the Forest Creek Trail from Western Reserve through to Urquhart Street, including Hargraves Street accessible crossing and footpath works
- Seating, water fountains and wayfinding at intervals along walking / cycling trails
- E-bike/ scooter/electric wheelchair charge points, bike storage and bike maintenance/repair stations in various locations
- Bike education and safety workshops
- Facilitated community bike rides, walking tours and walking groups
- Active travel promotional materials / campaigns.



Communications and Marketing

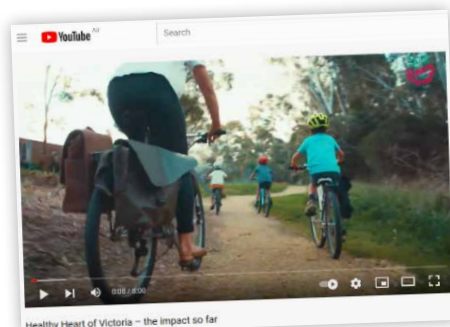
The communications and marketing activity for HHV aims to:

- Raise awareness of the initiative across the Loddon Campaspe region, particularly amongst target population groups and communities.
- Engage the community by inspiring them to become more physically active and to eat well.
- Support HHV Health Brokers and LGA partners with marketing and communications related to local HHV activity.
- Assist in advocating for the ongoing support of HHV by communicating with stakeholders, community and funding partners about the initiative's impact and success.

HHV brand

- Development of brand guidelines and branded elements such as template documents to create strong brand awareness for HHV.
- Monthly e-newsletter distributed to approx. 200 stakeholders and community groups.
- Factsheets promoting eating well, staying connected and being physically active.
- HHV page on LGA websites featuring local HHV content and projects.

- Series of videos showcasing key elements of the initiative including local projects, impact on communities, response to COVID, how to use the Active Living Census data, and an overview of HHV conference.
- Video focused on creating a better understanding of the Health in all Policies concept. Titled Health is Everyone's Business, the video has been used to increase understanding across the community and within local government about the role that we all play in shaping a healthy and well community.



Social media

- [HHV Facebook](#) is the key point of regular communication with the local community. The audience of the HHV Facebook page has grown to over 1,200 followers due to the development of targeted messaging and sharing engaging content with the community.
- Social media resources to help inspire the community to eat well and be physically active. These resources were designed to be shared on social media by community groups and individuals.



Region-wide activations

'Be active, Eat well, Stay connected' media campaign during COVID lockdown

- The aim of the integrated marketing campaign, featuring television and radio commercials, and supporting shareable resources, was to help keep health and wellbeing at the forefront of the community's mind. The campaign focused on three key themes – Be active, Eat well and Stay connected – all of which are proven to have positive effects on physical and mental wellbeing.
- Messaging directed the community to the HHV Facebook page where detailed, practical, easy to implement information was shared regularly to help people keep on top of their physical and mental wellbeing.

The Be active, Eat well, Stay connected campaign:

- Aired as a television commercial 430 times on two free-to-air stations with a potential viewership of 1.1M viewers.
- Aired 160 times across two local radio stations including two live interviews with HHV Coordinator.
- Reached 15,843 people and was shared 21 times via HHV Facebook page.



Adventure Bingo

A region-wide activation program developed to provide children and families with a fun, free physical activity option. Adventure Bingo was created to adhere to physical distancing guidelines, encourage support of local towns, and get children and families, many of whom had undertaken significantly less physical activity during 2020, engaged and active. The activation focused on a variety of locations across the region – Rochester, Maryborough, Kangaroo Flat, Wedderburn, Kyneton and Castlemaine and was promoted via HHV and partner channels.

Cook & Connect

The HHV Cook & Connect project shared simple, healthy recipes from reputable healthy eating sources with the community via the HHV Facebook page. Photos of the finished meals cooked by community members and HHV stakeholders were then shared via the HHV Facebook page to show the 'real' results and share feedback.



COVID response

HHV focused on increasing communications during COVID, with the aim to provide reliable health and wellbeing information across the region during an isolating time for the community. Partner and stakeholder agencies helped to ensure the information reached the people who could benefit from support.

Some Activation projects experienced delays due to COVID lockdowns and physical distancing rules, however HHV demonstrated an ability to respond flexibly to continue to deliver on its objectives during an evolving COVID situation.

HHV projects implemented prior to and during the pandemic helped to address an immediate community need, to be able to exercise outdoors safely, by providing infrastructure that could be utilised during restrictions. Examples include path and trail connections and improvements, seating, signage, solar lighting and mapped safe walking routes.

HHV was well-placed to provide health promotion messages to the whole of the region. An integrated 'Be active, Eat well, Stay connected' media campaign was created, featuring television and radio commercials, and shareable online infographics and factsheets. With local media support, the campaign highlighted the importance of looking after your health and wellbeing during COVID.

A region-wide activation program, Adventure Bingo, was developed to provide children and families with a fun, free physical activity option. Created to adhere to physical distancing guidelines, to encourage support of local towns, and get children and families, many of whom had undertaken significantly less physical activity during 2020, active.

The initiative supported COVID response and recovery efforts through promotion of staff wellbeing, along with partnership approaches to local priorities, such as food relief and mental wellbeing. Efficiencies were gained by collaborating to share and modify resources across the six local government areas involved.

All initiative resources were made to share and were promoted widely.

HHV was a finalist in the Parks and Leisure Australia National 'COVID Pivot' Award 2021



Conclusion

Healthy Heart of Victoria has had positive impacts on the Loddon Campaspe region since implementation commenced in late 2018.

Co-designed in consultation with key stakeholders and community organisations, the model and its three main components are successfully contributing to the improvement of health and wellbeing across the region.

The initiative delivered the 2019 Active Living Census, a data collection and analysis tool that outlines the health and wellbeing behaviours of residents across the six local government areas in the heart of Victoria. The Active Living Census has provided valuable information about our region and allows HHV and other organisations to be more targeted in their prevention approaches and helps direct funding to the places and people who need it most.

A broad and varied array of place-based activation projects have been delivered across the region. These activations, which responded to local needs, have created opportunities for residents to improve their health and wellbeing through greater access and knowledge about how to be physically active and eat well.

The innovative team of place-based Health Brokers, have focused on making health everyone's business, and have created strong connections within local government and across communities.

The confirmed funding from the Victorian State Government for Stage 2 of HHV is an exciting development in the journey of the initiative and will allow for even greater positive impacts on the health and wellbeing of the Loddon Campaspe region.

To see where the journey takes us follow our [Facebook page](#).

Email: hhv@bendigo.vic.gov.au



HHV resources

Healthy Heart of Victoria framework

Wellbeing in Every Decision conference video

Active Living Census capacity building videos

Full video - general overview of the ALC, explanation of the different reports and how to use the data

General overview video - shortened version of the full video

Data focused video - explanation of the different types of reports and how to analyse them

HHV 2019 impact video

Infrastructure progress video

Loddon Campaspe Regional Partnership and HHV video

Health is Everyone's Business video

HHV response to community needs during COVID video

Healthy Heart of Victoria Facebook page







Email: h hv@bendigo.vic.gov.au

