



## Did you know that by choosing locally grown food:

- Your produce will be fresh and tasty.
- You will enjoy eating with the seasons.
- Local growers, stores, and our local economy benefit.
- You are helping to reduce food miles.
- It's healthy for you and the environment!



Want to know what's grown in our region, where to find it and how to use it?  
**Scan the QR code or visit**  
[www.healthyloddoncampaspe.au](http://www.healthyloddoncampaspe.au)



The Healthy Loddon Campaspe initiative is supported by the Victorian State Government

